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INNOVATIONacademy

TDM of Tyrosine Kinase Inhibitors

Bob Flanagan

Toxicology Unit
Clinical Biochemistry
Bessemer Wing
Denmark Hill
London SE5 9RS

Tel: 020 3299 5824
Fax: 020 3299 5825
e-mail: robert.flanagan@nhs.net

TDM of TKIs

- Clinical pharmacokinetics of TKIs
 - Clinical indications for TKI therapy
- TDM of TKIs
 - Use in children/adolescents
 - Target ranges
- Turboflow LC-MS/MS of TKIs
- Imatinib TDM
 - Males vs females
- Whole blood:plasma distributions
- Conclusions

REVIEW ARTICLE

Clinical Pharmacokinetics of Tyrosine Kinase Inhibitors: Implications for Therapeutic Drug Monitoring

Debra H. Josephs, MRCP, PhD, Danielle S. Fisher, MSc,† James Spicer, FRCP, PhD,*
and Robert J. Flanagan, FRCPPath, PhD†*

Therapeutic Drug Monitoring 2013; 35: 562–587

Tyrosine Kinase Inhibitors (TKIs)

- Treatment of some malignancies has moved from non-specific chemotherapy to molecular targeted therapies
- Imatinib the first TKI
 - CML, GIST
- Newer drugs: Dasatinib, erlotinib, gefitinib, lapatinib, nilotinib, sorafenib, sunitinib, etc., etc.
 - Haematological malignancies, RCC, HCC, breast cancer
- Typically fixed dose, but dose individualisation may be needed
 - Given orally, hence may be problems with adherence, absorption, interactions with transporters
 - Hepatic metabolism hence may be genetic variations in metabolism, drug-drug interactions, etc.

Some Malignancies

| | |
|-------|----------------------------------|
| ALL | Acute lymphoblastic leukaemia |
| CML | Chronic myeloid leukaemia |
| GIST | Gastrointestinal stromal tumour |
| HCC | Hepatocellular carcinoma |
| pNET | Pancreatic neuroendocrine tumour |
| MF | Myelofibrosis |
| NSCLC | Non-small cell lung cancer |
| RCC | Renal cell carcinoma |

Some Acronyms

| | |
|---------|---|
| Bcr-abl | Breakpoint cluster region-Abelson oncprotein |
| PDGFR | Platelet-derived growth factor receptor |
| c-Kit | Mast/stem cell growth factor receptor |
| Src | Sarcoma oncprotein |
| DDR | Discoidin domain receptor |
| ErbB | Erythroblastic leukaemia viral oncogene |
| EGFR | Epidermal growth factor receptor |
| HER | Human epidermal growth factor receptor |
| VEGFR | Vascular endothelial growth factor receptor |
| RET | 'Rearranged during transfection' RET proto-oncogene |

Some More Acronyms

| | |
|--------|--|
| CSF-1R | Colony-stimulating factor 1 receptor |
| FLT3 | FMS-like tyrosine kinase 3 |
| C-Raf | C-rapidly accelerated fibrosarcoma oncoprotein |
| B-Raf | B-rapidly accelerated fibrosarcoma oncoprotein |
| JAK | Janus kinase |
| ALK | Anaplastic lymphoma kinase |
| HGFR | Hepatocyte growth factor receptor |
| cMet | cMet oncoprotein |
| Ph+ | Philadelphia chromosome positive |

UK Licenced TKIs

Up to end-July 2012

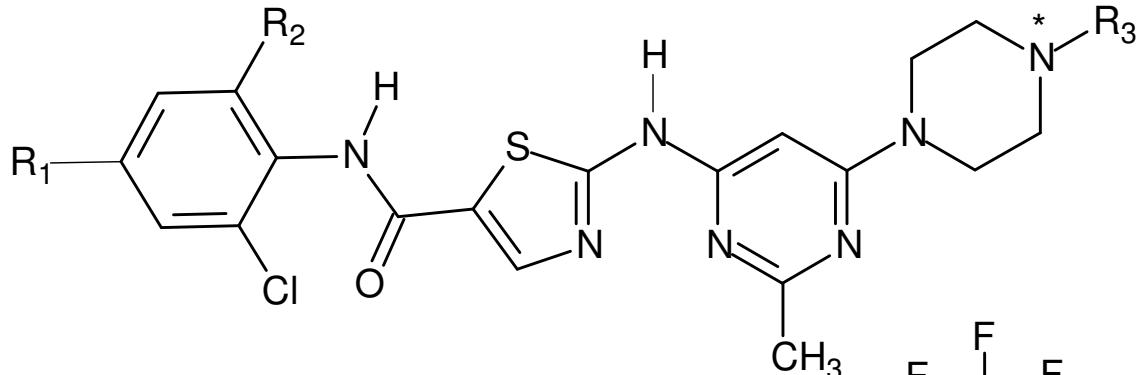
- Axitinib
- Crizotinib
- Dasatinib
- Erlotinib
- Gefitinib
- Imatinib
- Lapatinib
- Nilotinib
- Pazopanib
- Ruxolitinib
- Sorafenib

- Sunitinib
 - Vandetanib
 - Vemurafenib
- New additions
- Afatinib
 - Bosutimib
 - Cabozantinib
 - Carfilzimib
 - Dabrafenib
 - Ponatinib
 - Regorafenib
 - Trametinib

Bcr-abl TKIs

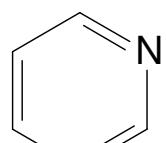
| Name | Registration date | Tyrosine kinase target | Indication |
|--|-------------------|--|--|
| Dasatinib (<i>Sprycel</i> ; BMS) | 28 June 2006 | Bcr-abl, Src-family kinases, PDGFR- β , c-Kit, ephrin receptor kinases | Newly diagnosed Ph+ CML in chronic phase, and Ph+ CML and ALL resistant or intolerant to imatinib |
| Imatinib (<i>Glivec</i> ; Novartis) | 10 May 2001 | Bcr-abl, PDGFR- α , - β , c-Kit | Ph+ CML, c-Kit positive GIST |
| Nilotinib (<i>Tasigna</i> ; Novartis) | 29 Oct 2007 | Bcr-abl, PDGFR- α , - β , c-Kit, DDR-1, -2 | Newly diagnosed Ph+ CML in chronic phase Chronic/accelerated phase Ph+ CML resistant or intolerant to imatinib |

Bcr-abl TKIs

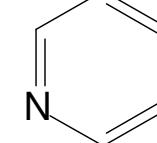
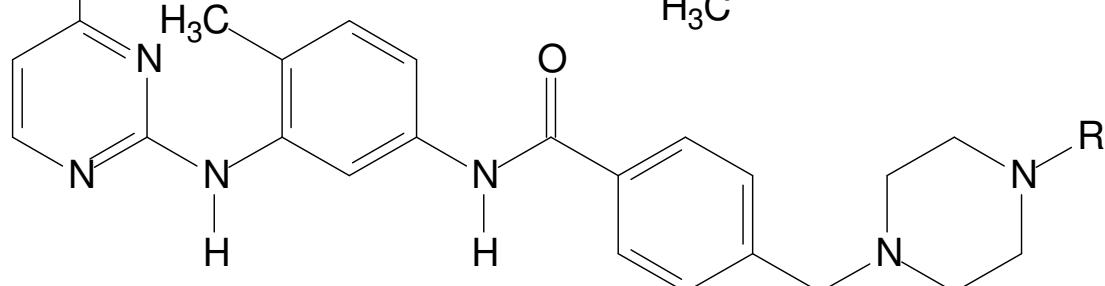
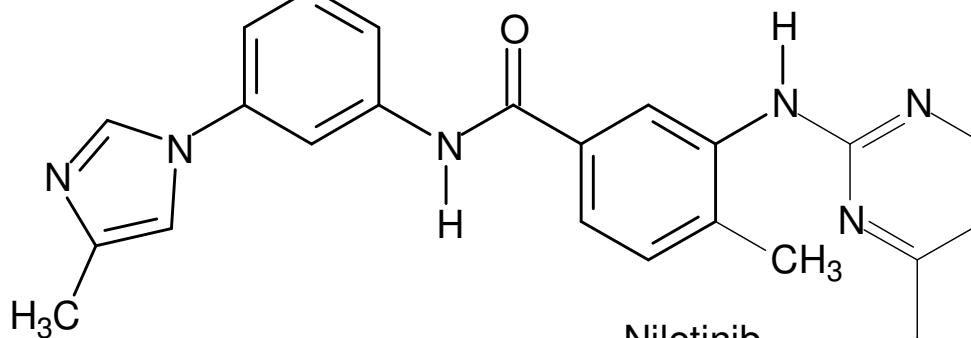


| | R_1 | R_2 | R_3 |
|---------------------------|--------------|--------------------|------------------------------------|
| Dasatinib | H | CH ₃ | CH ₂ CH ₂ OH |
| Dasatinib M ₄ | H | CH ₃ | H |
| Dasatinib M ₆ | H | CH ₃ | CH ₂ COOH |
| Dasatinib M ₂₀ | OH | CH ₃ | CH ₂ CH ₂ OH |
| Dasatinib M ₂₄ | H | CH ₂ OH | CH ₂ CH ₂ OH |

* Dasatinib M₅ = dasatinib N-oxide



R = CH₃ Imatinib
R = H Norimatinib



| | Dasatinib | Imatinib | Nilotinib |
|--|----------------------|---|---|
| pK_a | 10.3, 6.8, 3.1 | 8.1, 3.7, 2.6, 1.5 | 13.5, 5.4, 2.1 |
| Log P (octanol/water) | 2.5–2.8 | 3 | 4.2–4.5 |
| t_{max} (h) | 0.5–3 | 2–4 | 3 |
| Bioavailability (oral, %) | < 34 | 98 | 30 |
| Concomitant food intake effect on bioavailability | Increases AUC (14 %) | No effect | Increases C _{max} (112 %) and AUC (82 %) |
| Concomitant food intake: FDA recommendation | With/without food | With food | Without food |
| V(L/kg) * | 30-40 | 2-6 (imatinib) 15-40 (norimatinib) | 10-15 |
| Primary enzymes involved in metabolism | CYP3A4; FMO-3 | CYP3A4, CYP3A5, CYP2C8 | CYP3A4, CYP2C8 |
| Plasma half-life (h) | 3–5 | 12–20 (imatinib) 40–74 (norimatinib) | 15–17 |
| Plasma protein binding (%) | 92–97 | 95 (imatinib and norimatinib) | 98 |
| Plasma:whole blood ratio | 0.7 | 1.4–1.7 (imatinib) 1.4 (norimatinib) | 1.4 |

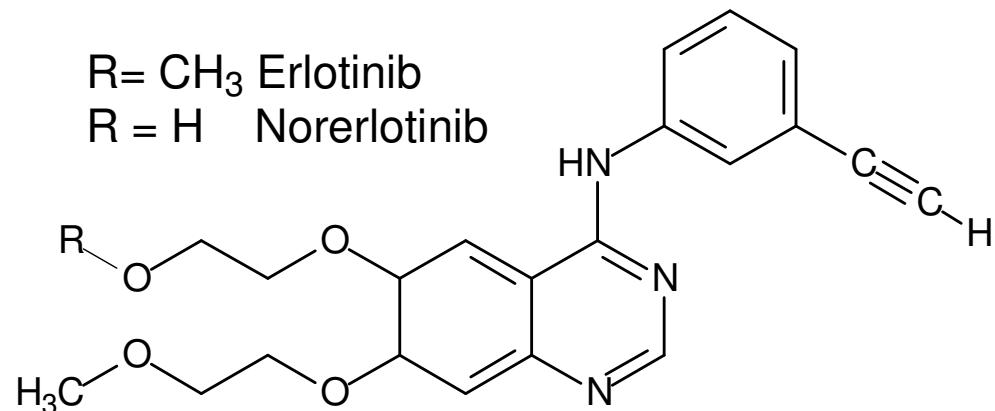
* 70 kg subject assumed

ErbB TKIs

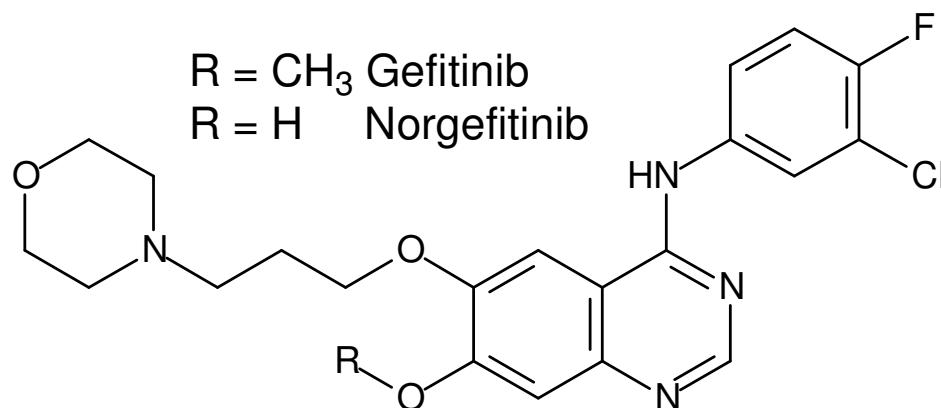
| Name | Registration date | Tyrosine kinase target | Indication |
|--|--|------------------------|---|
| Erlotinib (<i>Tarceva</i> ; Genentech, OSI, Roche) | 18 Nov 2004 | EGFR | First-line monotherapy or maintenance therapy of locally advanced or metastatic NSCLC, locally advanced or metastatic pancreatic cancer |
| Gefitinib (<i>Iressa</i> ; AZ) | 5 May 2003 (restricted 2005, reapproved in Europe 2008) | EGFR | First-line monotherapy of EGFR mutation positive locally advanced or metastatic NSCLC |
| Lapatinib (<i>Tykerb</i> ; GSK) | 13 March 2007 | EGFR (HER-1), HER-2 | HER-2 positive breast cancer, in combination with capecitabine or letrozole |

ErbB TKIs

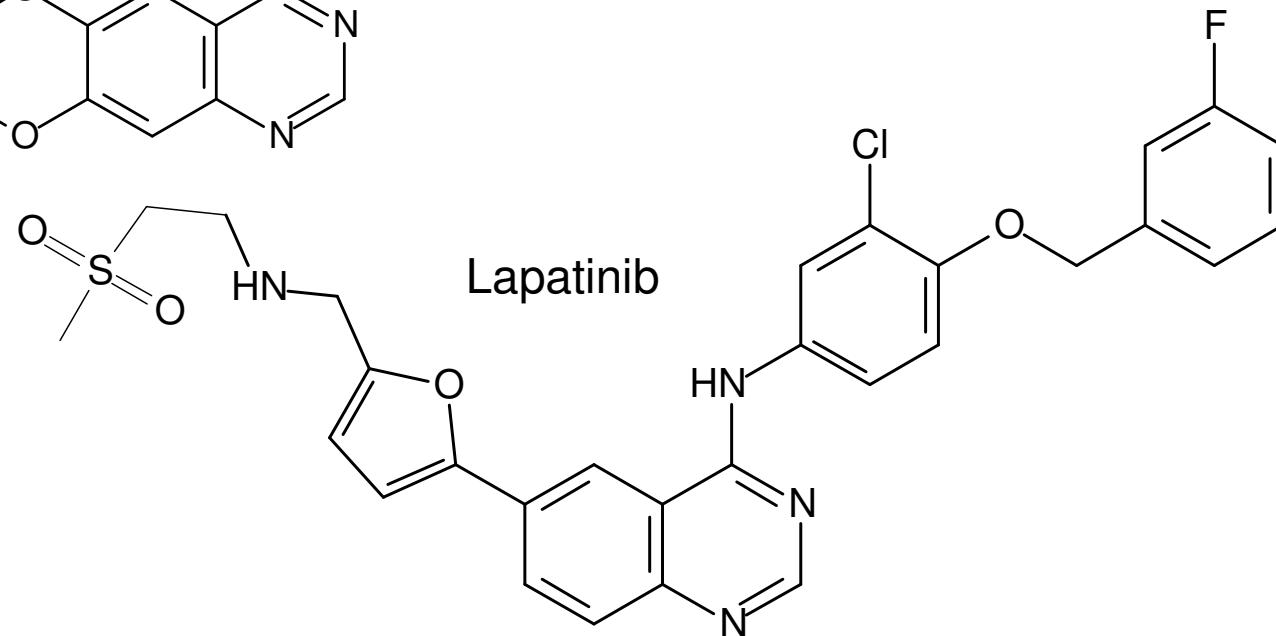
R= CH₃ Erlotinib
R = H Norerlotinib



R = CH₃ Gefitinib
R = H Norgefitinib



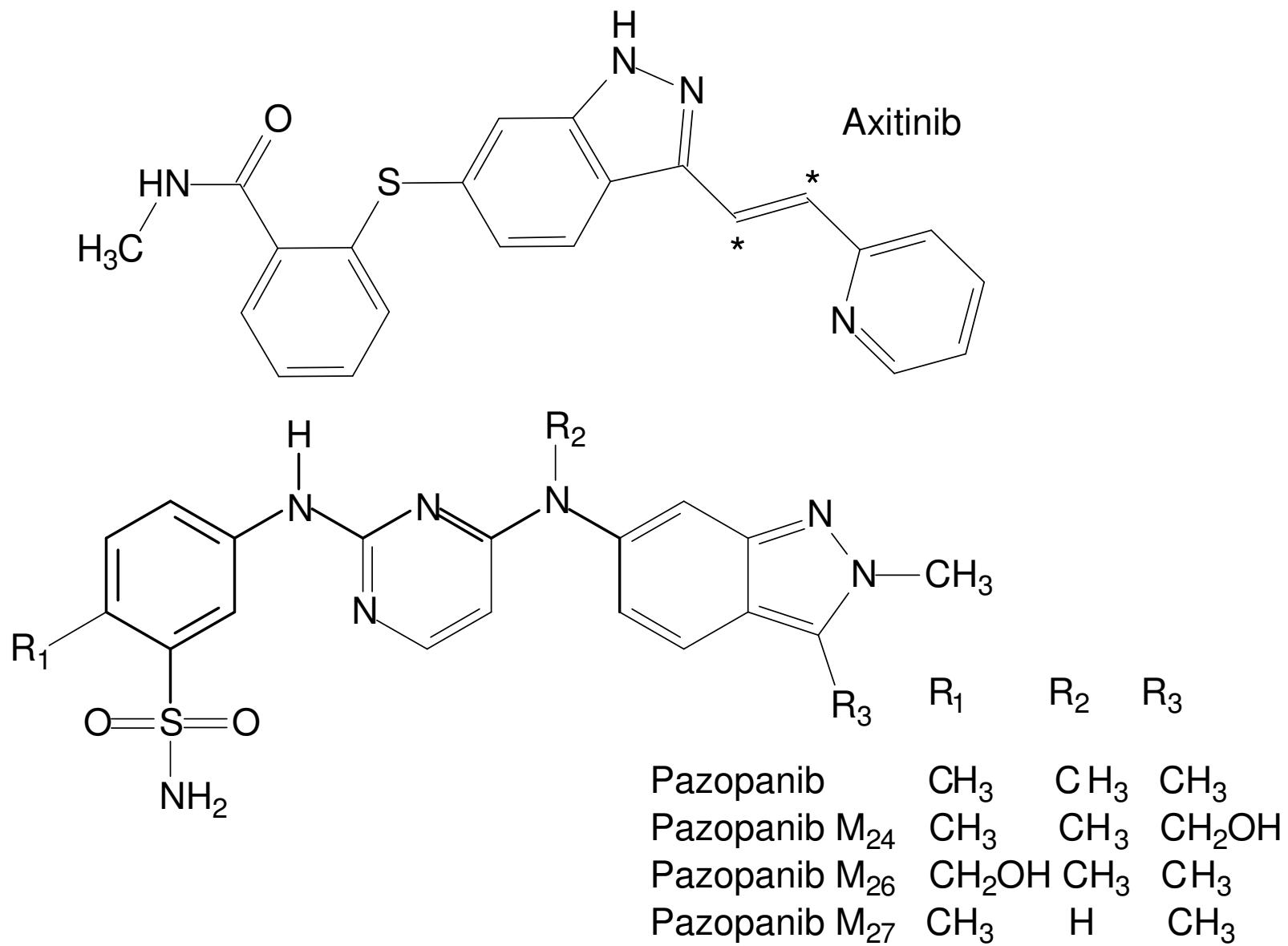
Lapatinib

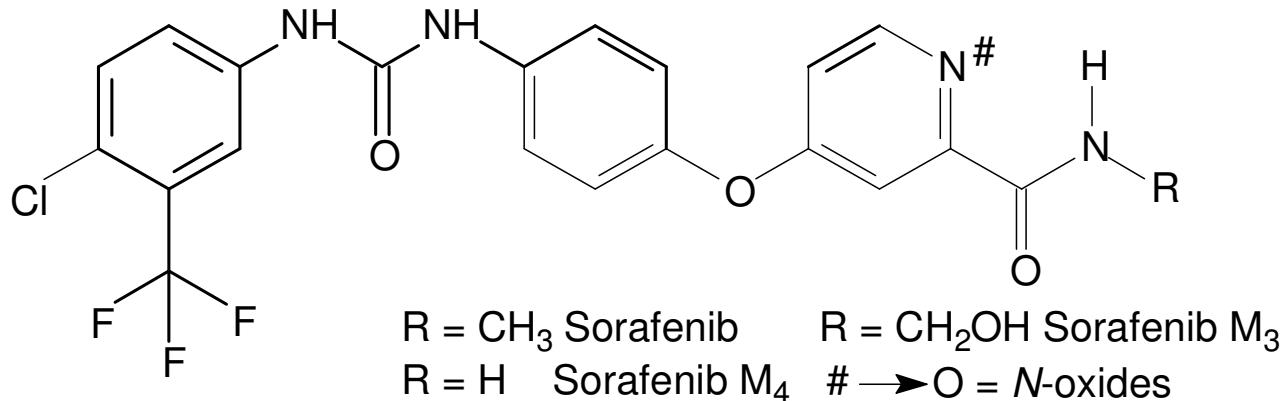


VEGFR TKIs

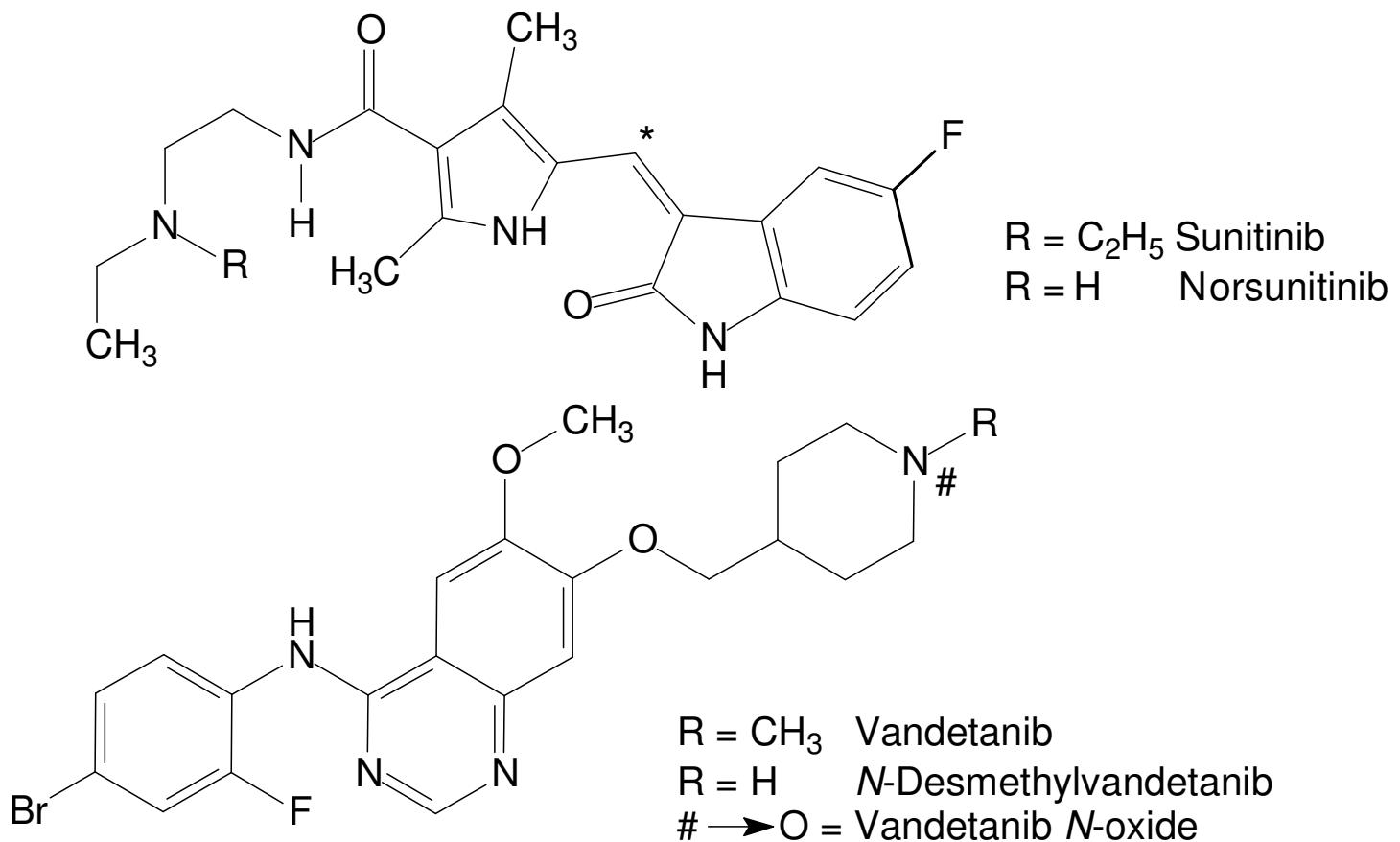
| Name | Registration date | Tyrosine kinase target | Indication |
|---|-------------------|---|--|
| Axitinib (<i>Inlyta</i> ; Pfizer) | 27 Jan 2012 | VEGFR -1, -2, -3, PDGFR, c-Kit | Advanced RCC |
| Pazopanib (<i>Votrient</i> ; GSK) | 19 Oct 2009 | VEGFR-1, -2, -3, PDGFR- α , - β , c-Kit | Advanced RCC, advanced soft tissue sarcoma following prior chemotherapy |
| Sorafenib (<i>Nexavar</i> ; Bayer) | 20 Dec 2005 | C-Raf, B-Raf, c-Kit, FLT3, VEGFR-1, -2, - 3, PDGFR- β | Advanced RCC and unresectable HCC |
| Sunitinib (<i>Sutent</i> ; Pfizer) | 26 Jan 2007 | PDGFR- α , - β , VEGFR-1, -2, -3, c-Kit, RET, CSF-1R, FLT3 | Advanced RCC, GIST after progression on or intolerance to imatinib, progressive, unresectable locally-advanced or metastatic well- differentiated pNET |
| Vandetanib (<i>Caprelsa</i> ; AZ) | 06 April 2011 | VEGFR, EGFR, RET | Medullary thyroid cancer |

VEGFR TKIs - I





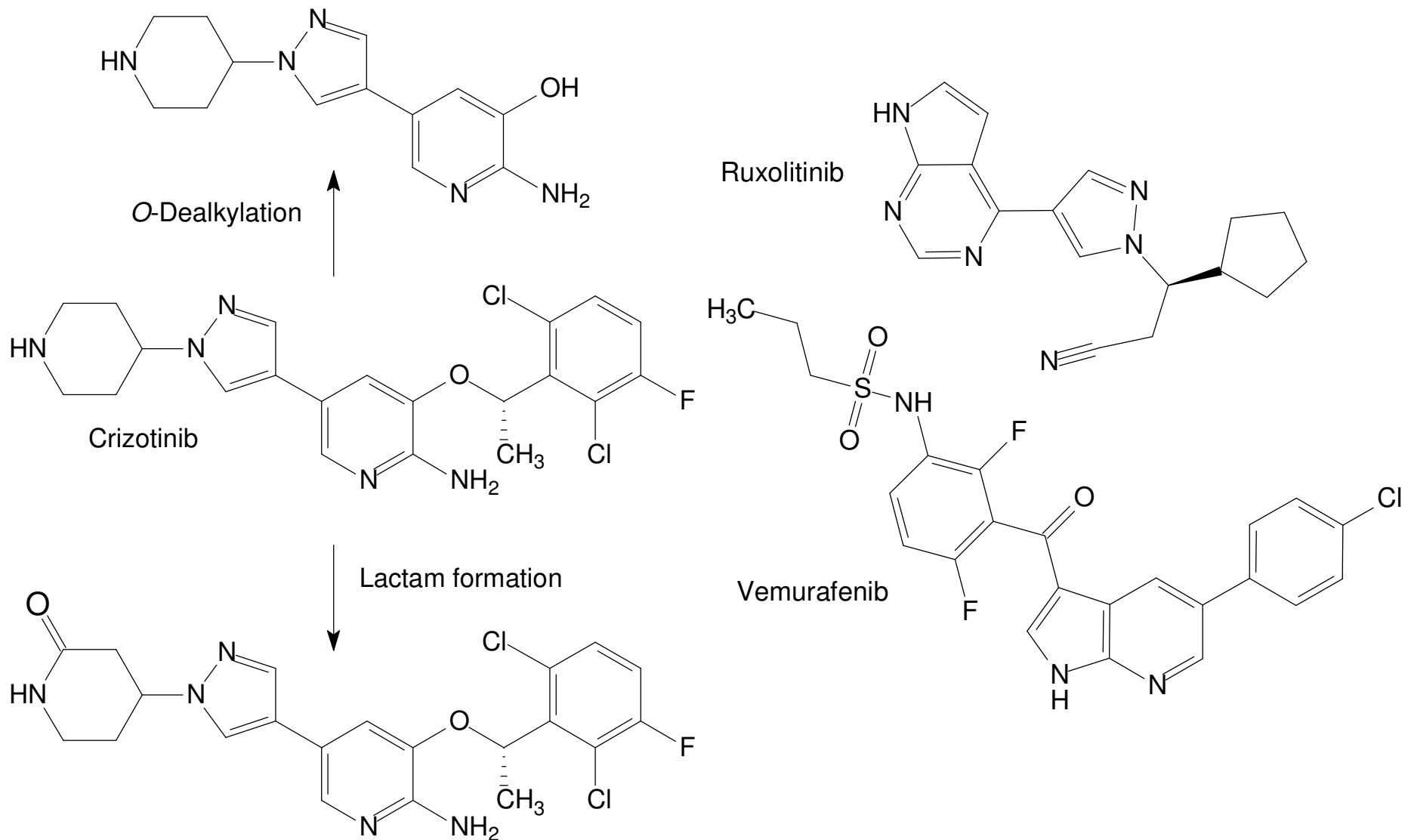
VEGFR TKIs - II



Crizotinib, Ruxolitinib, Vemurafenib

| Name | Registration date | Tyrosine kinase target | Indication |
|--|-------------------|------------------------|--|
| Crizotinib (<i>Xalkori</i> ; Pfizer) | 26 Aug 2011 | ALK, HGFR, cMet | ALK-positive locally advanced or metastatic NSCLC |
| Ruxolitinib (<i>Jakafi</i> ; Incyte, Novartis) | 16 Nov 2011 | JAK 1,-2 | Intermediate and high risk MF |
| Vemurafenib (<i>Zelboraf</i> ; Roche, Daiichi Sankyo) | 17 Aug 2011 | B-Raf | $\text{BRAF}^{\text{V600E}}$ mutation positive metastatic or unresectable melanoma |

Crizotinib, Ruxolitinib, Vemurafenib



TDM of TKIs: Pk Aspects

- Mostly metabolised by CYP3A4
 - Activity subject to large inter-individual variability
- Drug-drug interactions
 - Induction: Anticonvulsants, St John's Wort
 - Inhibition: Azole antifungals, grapefruit juice
- Concomitant food intake on bioavailability
 - Nilotinib, lapatinib
- Resistance
 - GIST patients showed 33 % increase in imatinib clearance over a year: 42 % decrease in systemic exposure
- Dose-dependent toxicity
 - Liver function, skin rash, hypertension, thyroid dysfunction

TDM of TKIs

| Possible indication | Rationale |
|--|--|
| Assessing AEs | Some AEs non-specific (e.g. anorexia, lethargy, nausea, vomiting): may not be AEs, or may simply reflect the disease the TKI being given to treat |
| Diagnosis of dietary or drug-drug interactions | Dietary and drug-drug interactions may affect exposure: could either increase the risk of AEs, or compromise response |
| Dose adjustment | Response not immediate hence guidance on magnitude of dose adjustment, e.g. to minimize incidence of AEs yet not compromise response, may be helpful |

TDM of TKIs (ctd)

High-risk patients

Children/adolescents susceptible to AEs (e.g. effects on growth) that do not apply in adults, and that may be dose related. The elderly and those with impaired hepatic and/or renal function, or who have had GI surgery, may be at especial risk of under- or over-dosage

Minimising under-dosing

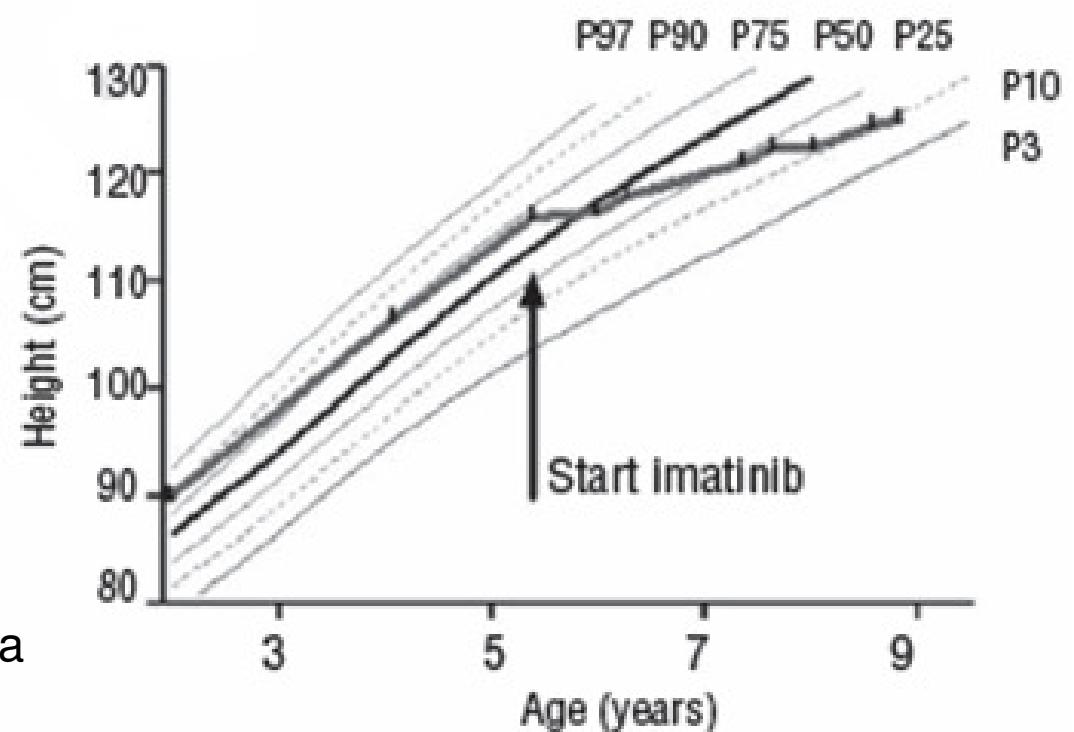
Unlike cytotoxics, under-dosage with TKIs not easily assessed by absence of AEs. Under-dosage may be associated with treatment failure and may encourage formation of resistant clones

Monitoring adherence

TKIs associated with a variety of GI and other AEs, which may contribute to poor adherence/treatment failure. Self-medicating to excess also possible, and may be associated with an increased incidence of AEs

Imatinib in Children/Adolescents

- Little data available
- Dose of 260–340 mg/m² results in similar exposure to the standard adult dose (400 mg)
 - 300 mg/m² orally once daily (max. dose 400 mg)
- But adverse effects
 - Growth retardation



Schmid *et al.* Haematologica
2009; 94: 1177-1179

| | Target range (mg/L) | Possible indication for metabolite measurement |
|------------------------------|--------------------------------|--|
| Axitinib ¹ | 0.01-0.1 | Axitinib sulfoxide may indicate metabolic capacity or drug-drug interactions |
| Crizotinib | > 0.2 ² | O-Desalkylcrizotinib may indicate metabolic capacity or drug-drug interactions |
| Dasatinib | 0.01-0.1 | M4 and M5 active, but at low concentrations |
| Erlotinib | > 0.5 | Norerlotinib pharmacologically active |
| Gefitinib | > 0.2 | Norgefitinib may indicate metabolic capacity or drug-drug interactions |
| Imatinib | > 1 (CML & GIST) | Norimatinib may indicate metabolic capacity or drug-drug interactions |
| Lapatinib | > 0.5 ³ | Metabolite-induced hepatotoxicity may require the metabolites to be quantified |

¹ Light-dependent *trans-/cis-* isomerism, therefore total analyte concentration reported

² Mean concentration attained from patients prescribed 250 mg twice-daily

³ Mean concentration in patients prescribed 1200 mg once-daily

| | Target range (mg/L) | Possible indication for metabolite measurement |
|--------------------|-----------------------------------|---|
| Nilotinib | > 0.6 ¹ | - |
| Pazopanib | > 20 | Metabolites may indicate metabolic capacity or drug-drug interactions |
| Ruxolitinib | Not known | Two metabolites may display activity |
| Sorafenib | > 3 ² | Sorafenib N-oxide may indicate metabolic capacity or drug-drug interactions |
| Sunitinib* | > 0.05 (sunitinib + norsunitinib) | Norsunitinib active and considered in target range |
| Vandetanib | > 0.4 ³ | <i>N</i> -Desmethylvandetanib active metabolite |
| Vemurafenib | > 40 ⁴ | Two metabolites may display activity |

¹ C_{min} concentration applicable to quartile 1 from cytogenetic response

² Concentration attained in patients where dose has been increased due to poor response

³ Minimum concentration attained in patients prescribed 300 mg/d

⁴ Concentration attained in patients prescribed 960 mg 2 x daily

TurboFlow & TDM

- Reduced sample preparation time
 - Need either large dilution of plasma, or protein precipitation
 - Direct injection of diluted sample
- Reduced matrix effects
- Less risk of operator error
- Multiplexing
 - High throughput, reduced turnaround time
- Easy to add new compounds/metabolites as reference compounds become available

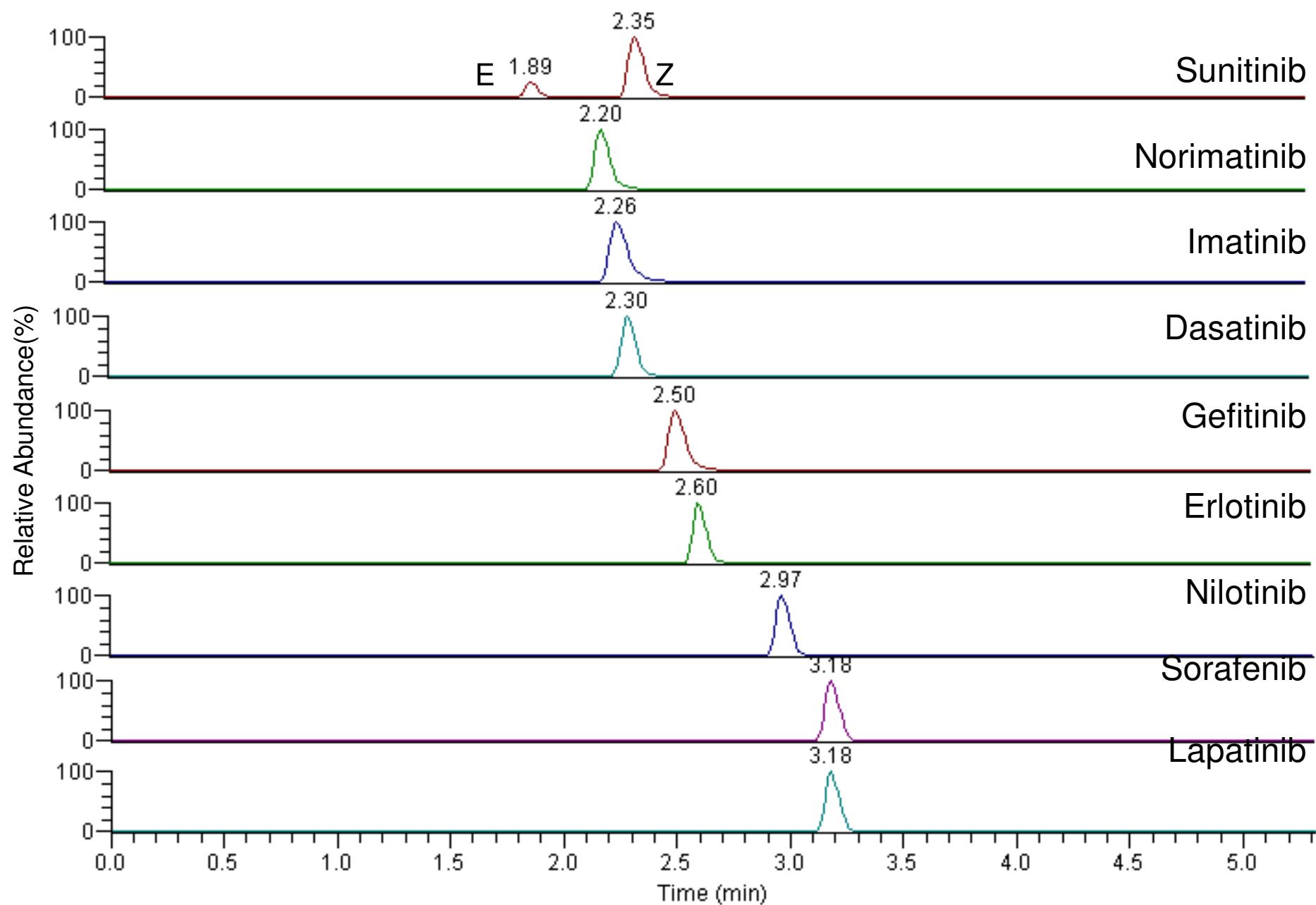
An automated method for the measurement of a range of tyrosine kinase inhibitors in human plasma or serum using turbulent flow liquid chromatography–tandem mass spectrometry

L. Couchman · M. Birch · R. Ireland · A. Corrigan ·
S. Wickramasinghe · D. Josephs · J. Spicer ·
R. J. Flanagan

Analytical and Bioanalytical Chemistry 2012; 403: 1685–95

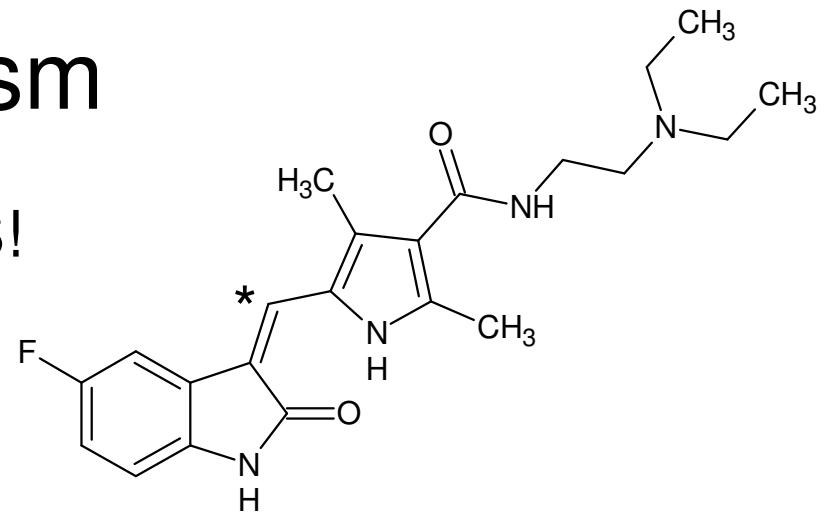
Turboflow LC-MS/MS of TKIs

- 50 µL sample + 150 µL acetonitrile containing imatinib-D₈, gefitinib-D₈, sunitinib-D₁₀, and nilotinib-¹³C₂¹⁵N₂
- Vortex-mix, centrifuge
- Inject 100 µL supernatant: Cyclone TurboFlow column
- Transfer analytes: 3 µm Hypersil GOLD analytical column, gradient elution
- Detection: APCI, +ve mode
- SRM: 2 transitions per analyte
- Total analysis time: 7 min

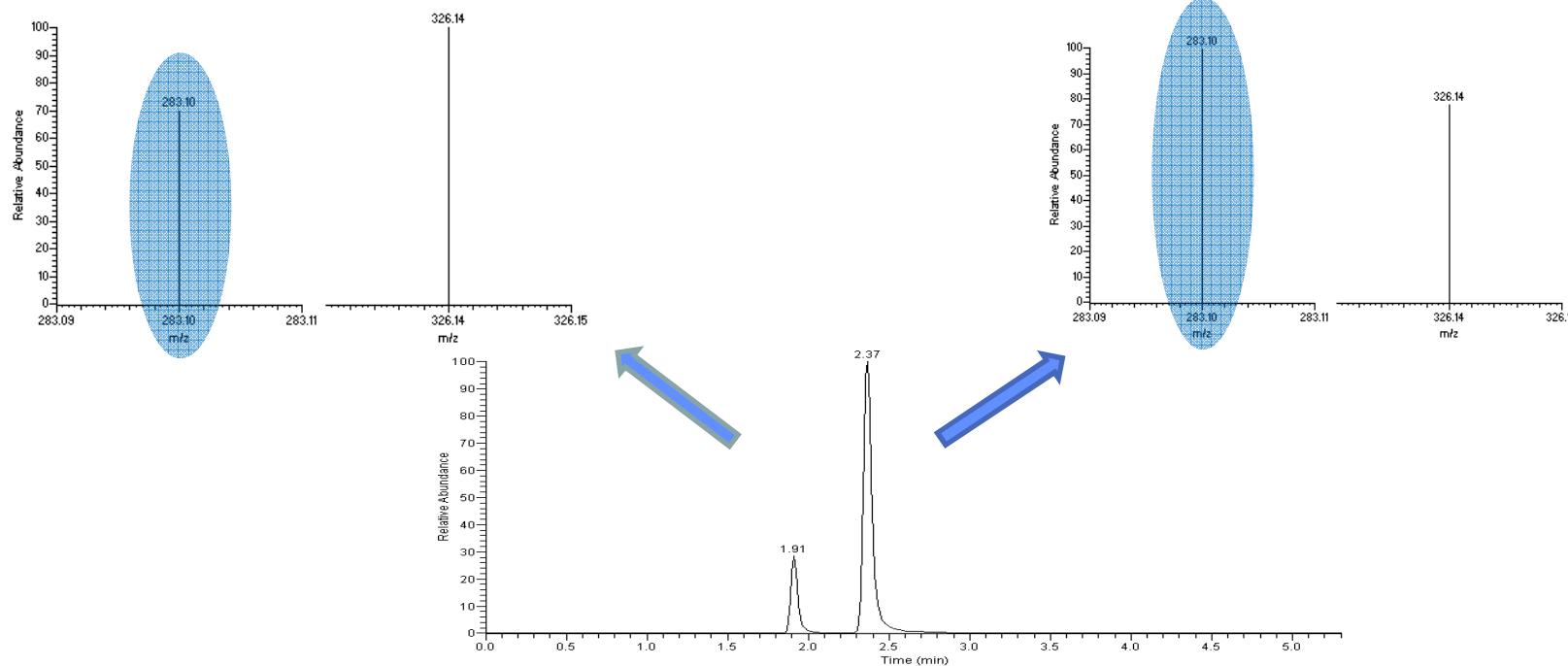


Sunitinib Photoisomerism

Use LC-MS rather than LC-MS/MS!



SRM data (m/z 399 – 283, 326)



Assay Characteristics

Precision < 11 %

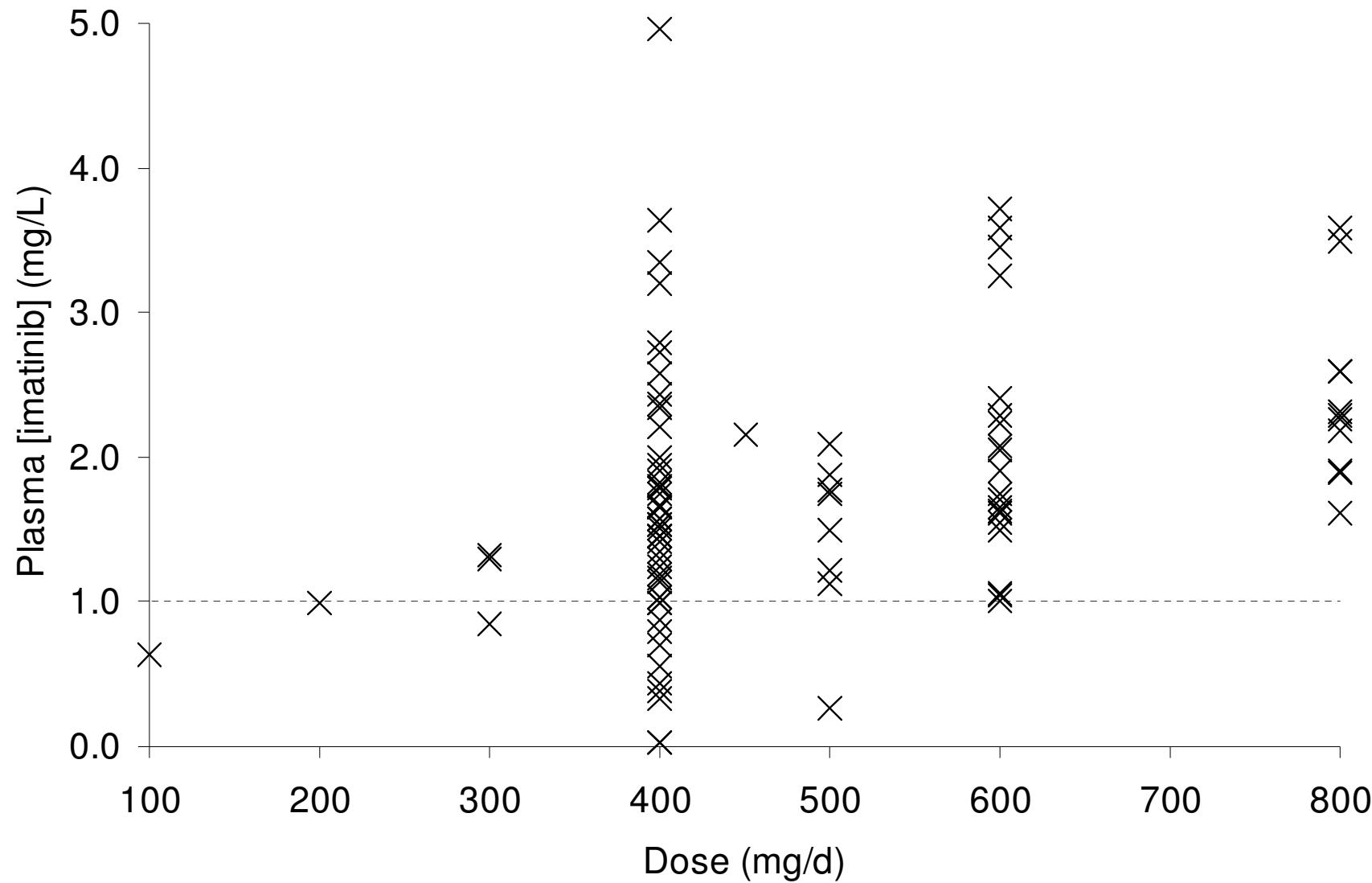
Accuracy 89–117 %

Recovery > 80 %

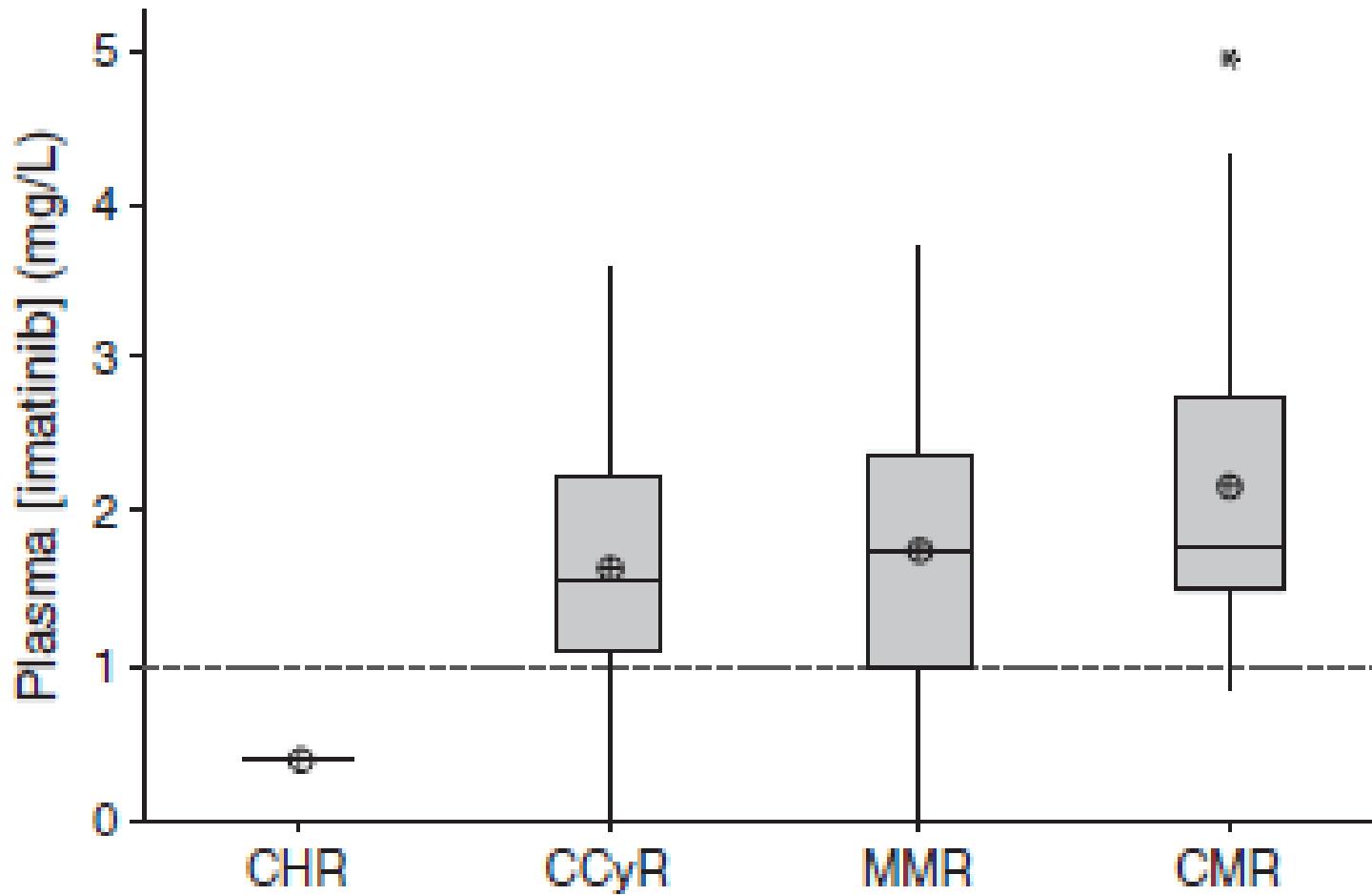
(Lapatinib – 65 %)

- No ion suppression/enhancement
- All analytes good stability (except lapatinib: decrease after 24 h at room temperature, and after freeze-thaw)

Plasma Imatinib vs. Dose



Plasma Imatinib vs. Response



CHR, complete haematological response, N = 1; CCyR, complete cytogenetic response, N = 42; MMR, major molecular response, N = 37; CMR, complete molecular response, N = 23

2013 121: 3818-3824

Prepublished online March 20, 2013;
doi:10.1182/blood-2012-10-462291

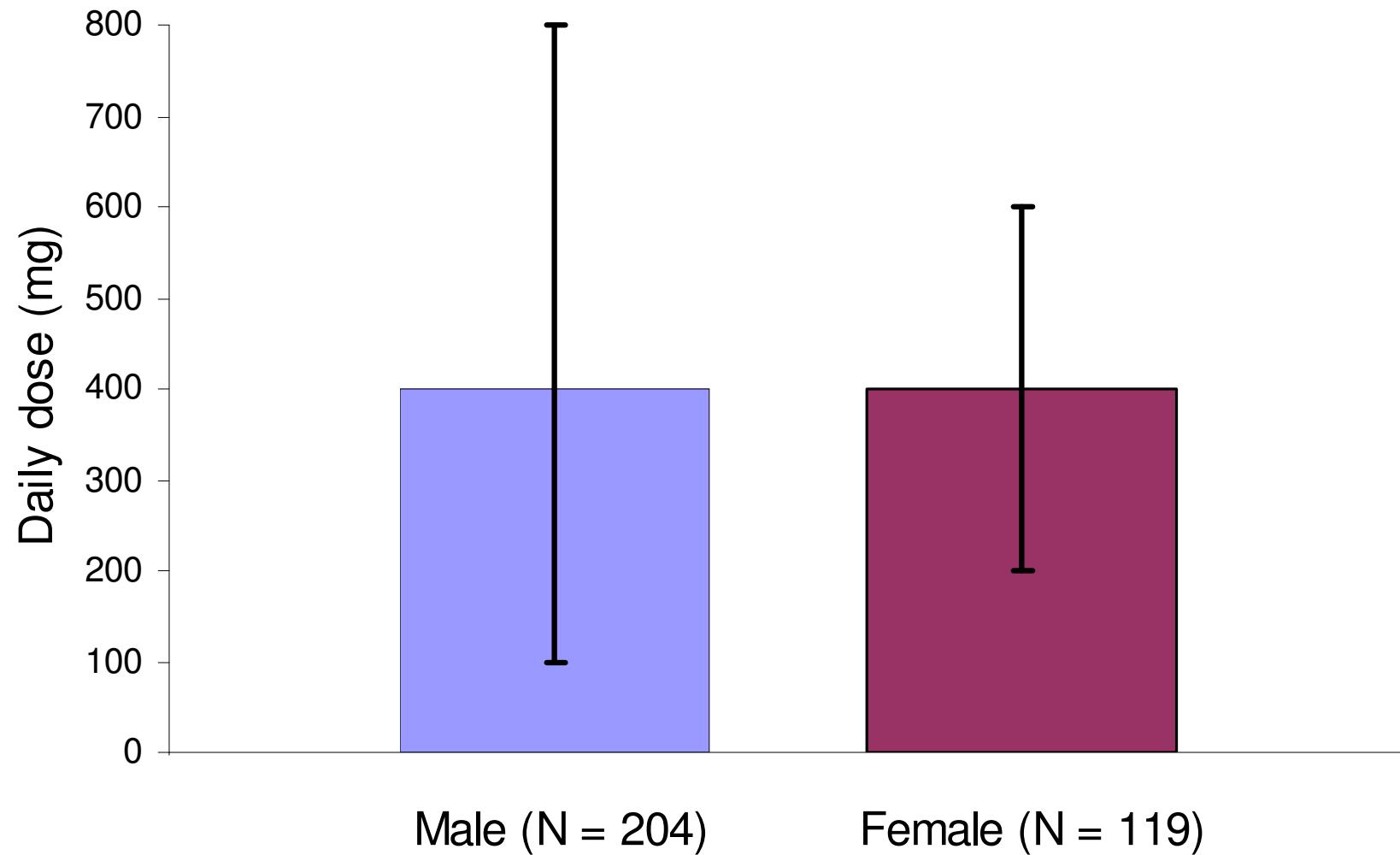
Early molecular response and female sex strongly predict stable undetectable *BCR-ABL1*, the criteria for imatinib discontinuation in patients with CML

Susan Branford, David T. Yeung, David M. Ross, Jodi A. Prime, Chani R. Field, Haley K. Altamura, Alexandra L. Yeoman, Jasmina Georgievski, Bronte A. Jamison, Stuart Phllis, Brad Sullivan, Nancy E. Briggs, Mark I. Iertzberg, John F. Seymour, John Reynolds and Timothy P. Hughes

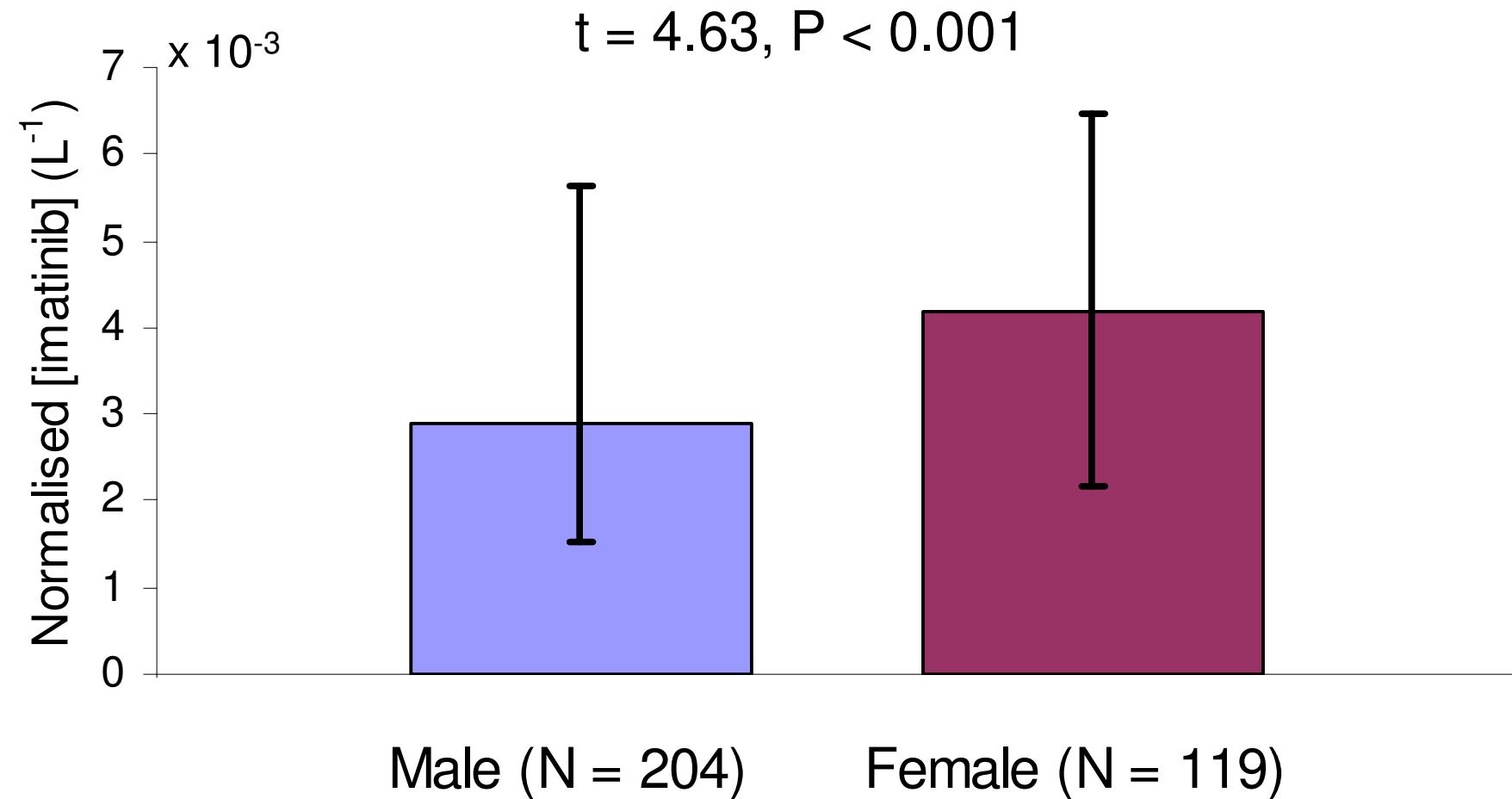
- The only independent predictors were female sex (54 % vs 27 %; $P = 0.02$) & the 3-month *BCR-ABL1* ($P < 0.001$)
- Pharmacokinetic differences might be relevant:
 - Correlation between pre-dose plasma imatinib and response described
 - Imatinib concentrations up to 30% higher in women

Imatinib: Dose (median, range)

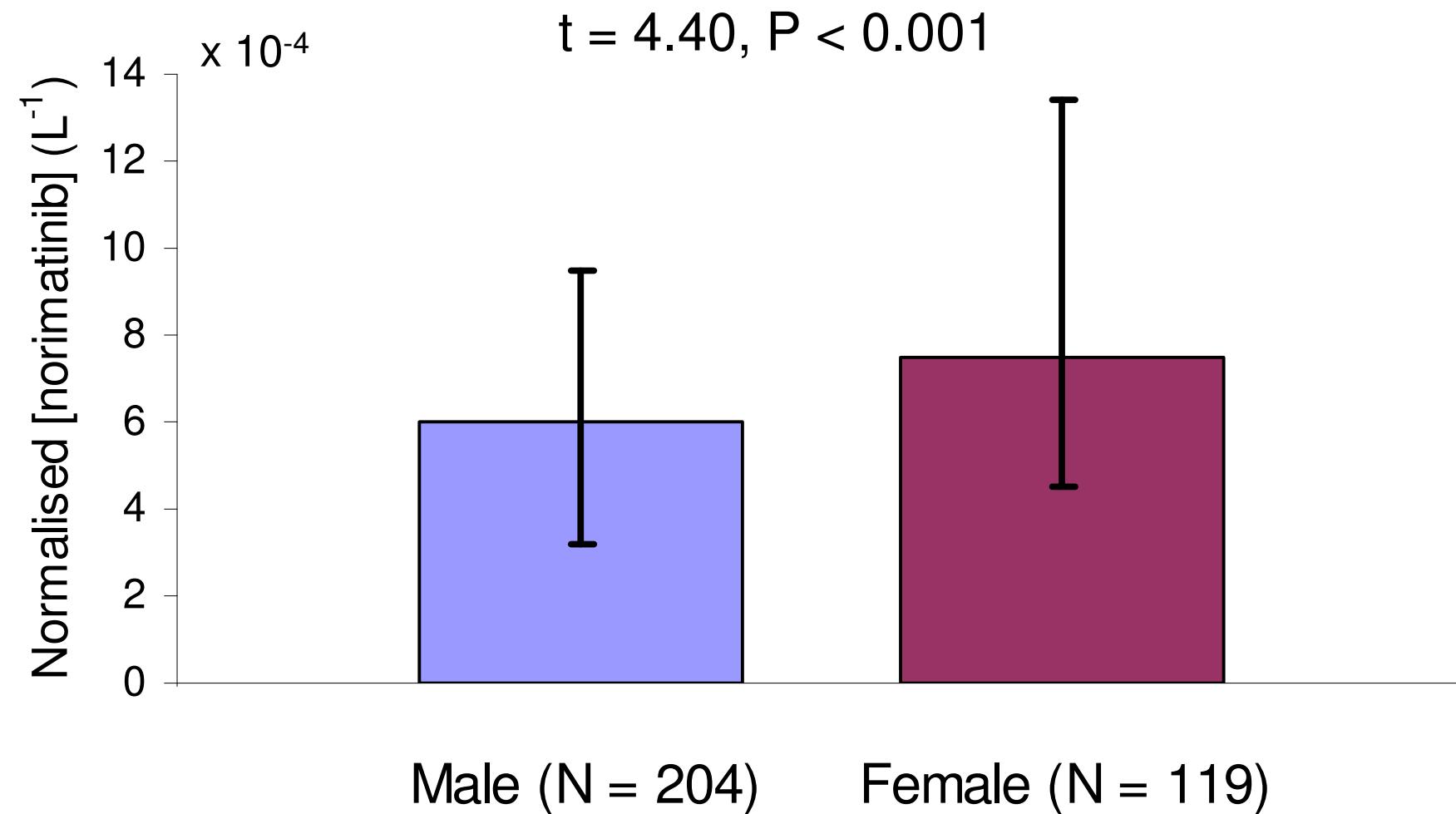
(Patients: 86 male, 62 female)



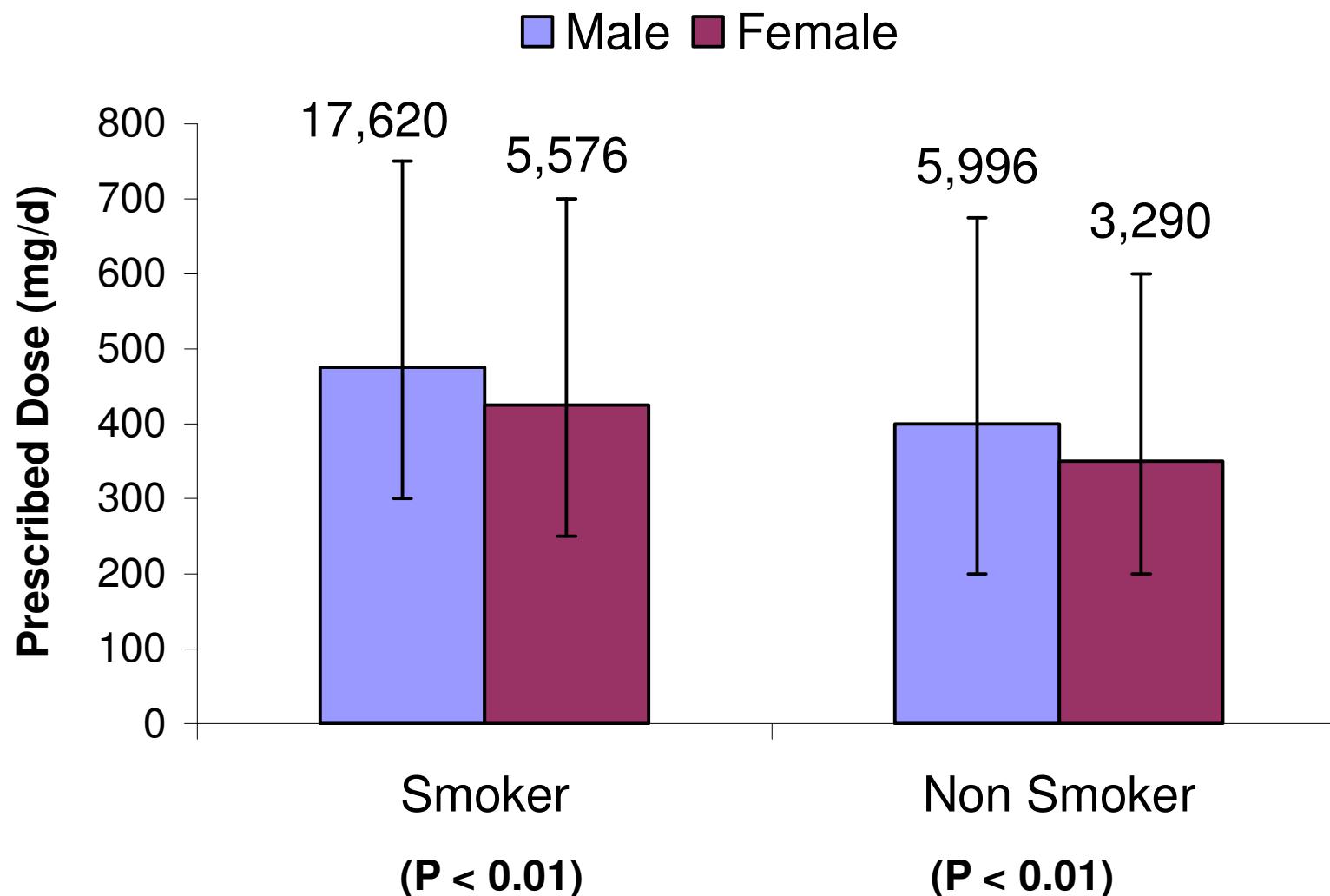
Dose-normalized Plasma Imatinib (median, 10–90th percentiles)



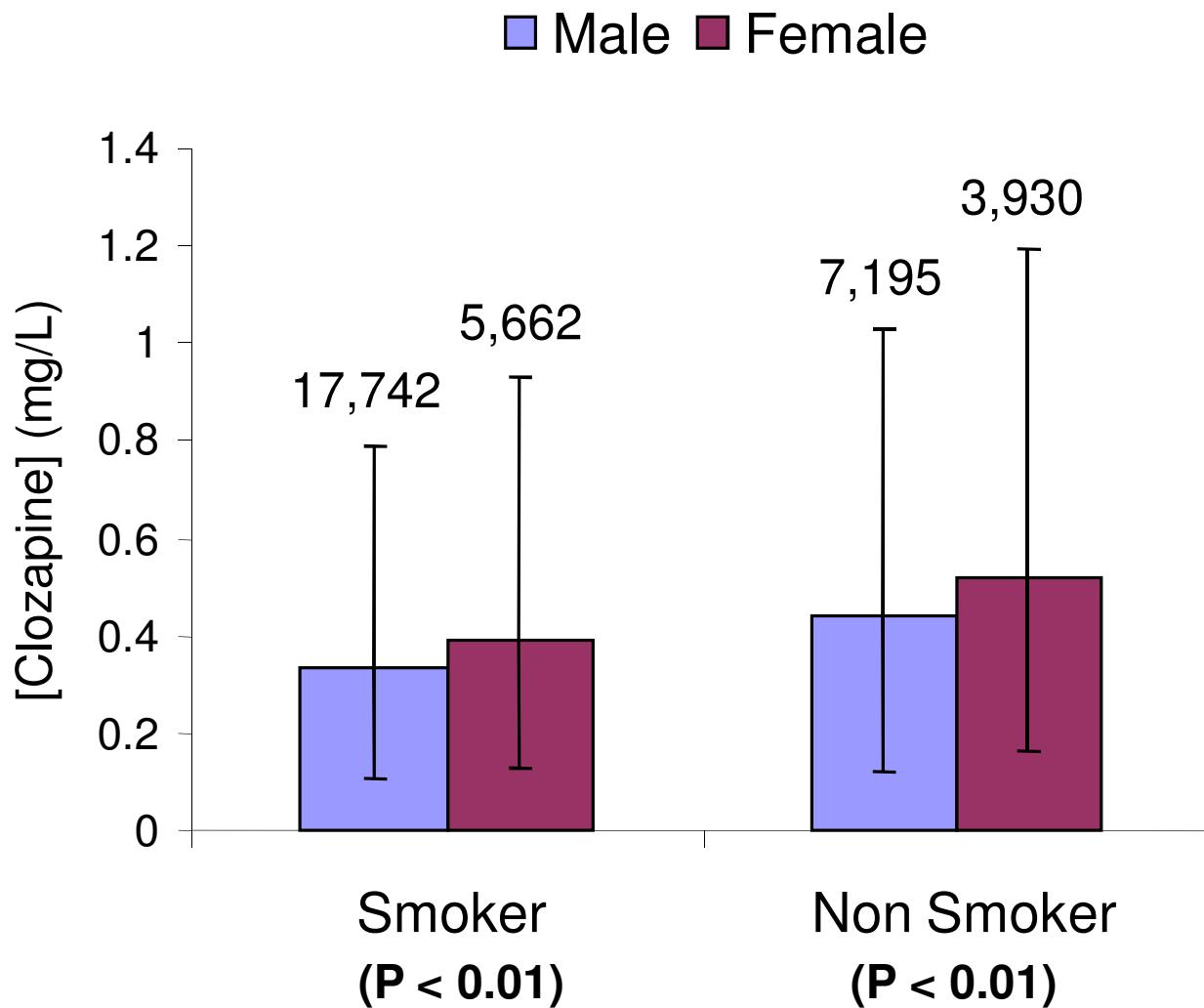
Dose-normalized Plasma Norimatinib (median, 10–90th percentiles)



Clozapine 1993-2003: Dose (Median, 10–90th percentile, N = 32,082)

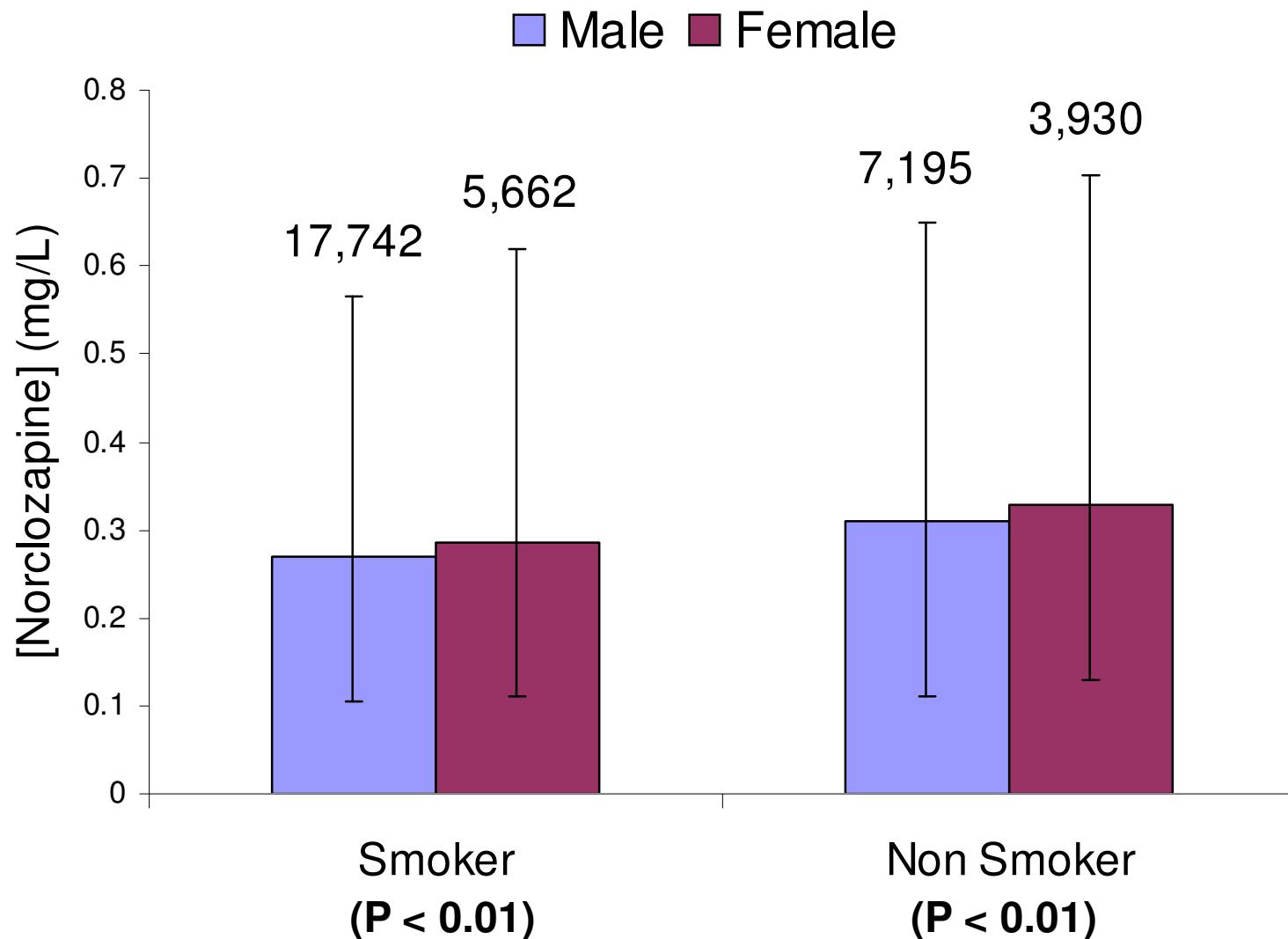


Clozapine 1993–2003: Plasma Clozapine (Median, 10–90th percentile, N = 34,530)

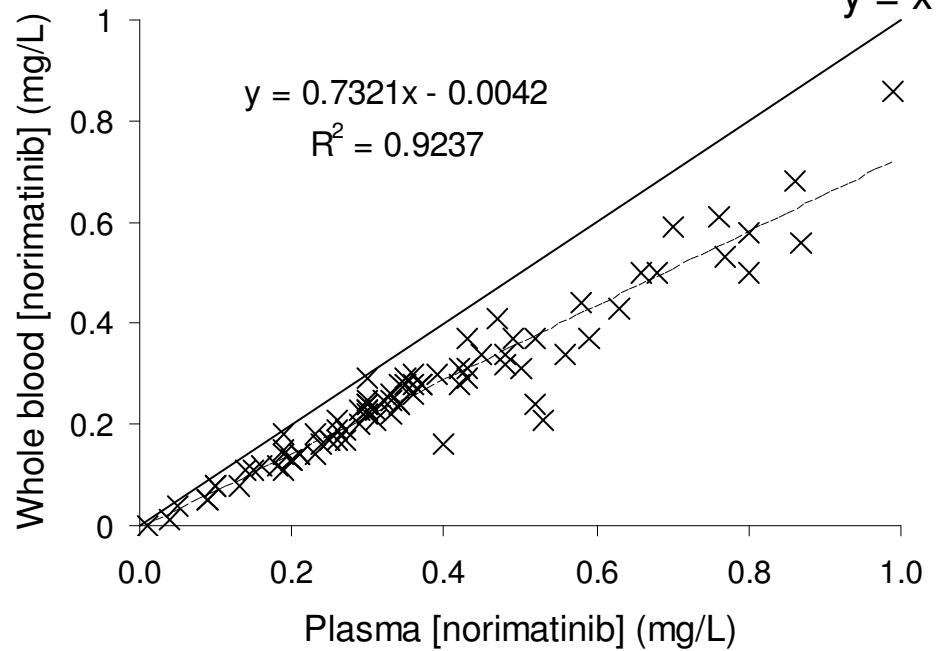
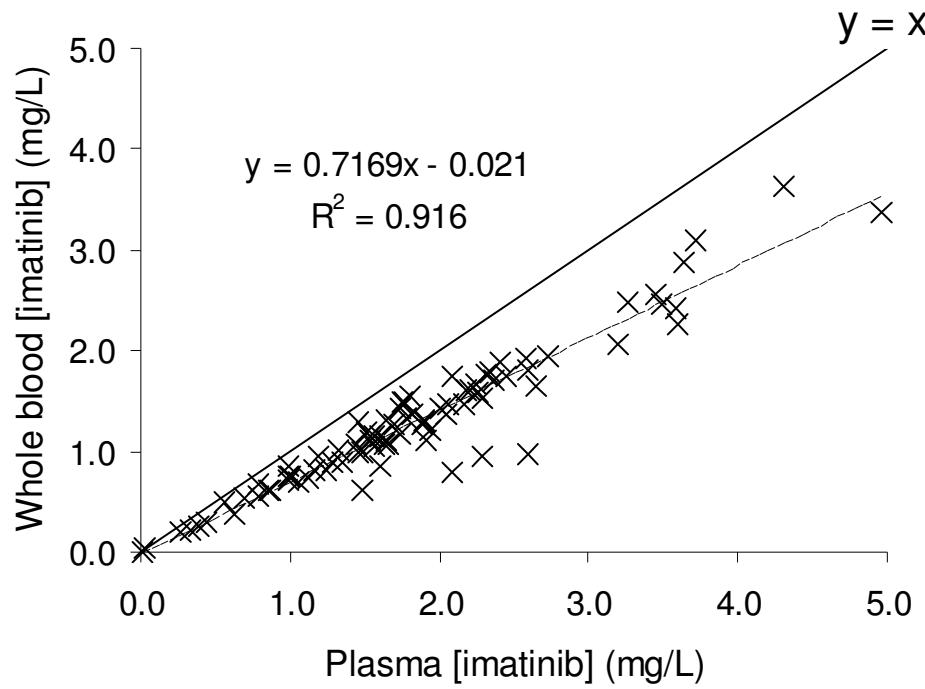


Clozapine 1993–2003: Norclozapine

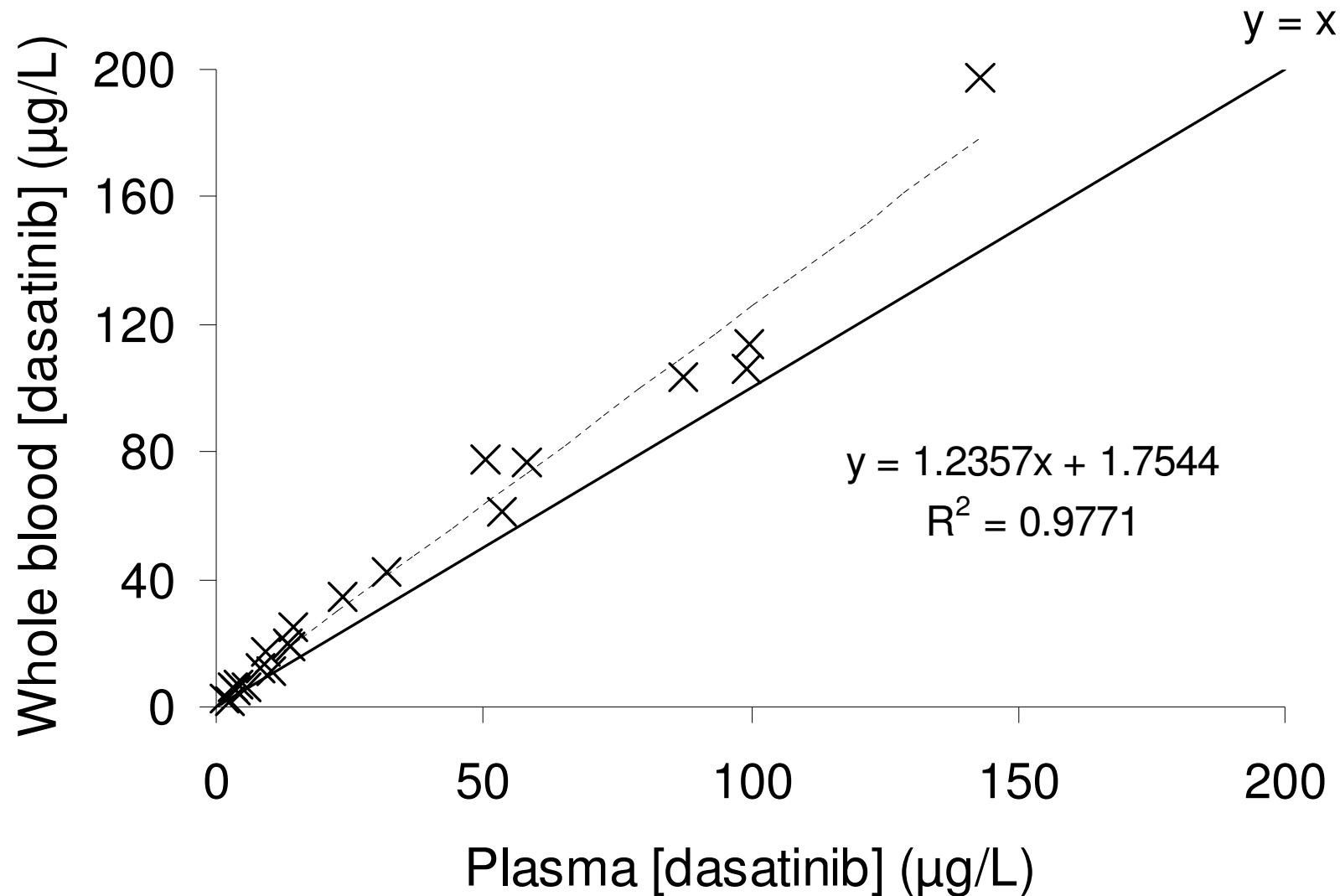
(Median, 10–90th percentile, N = 34,530)



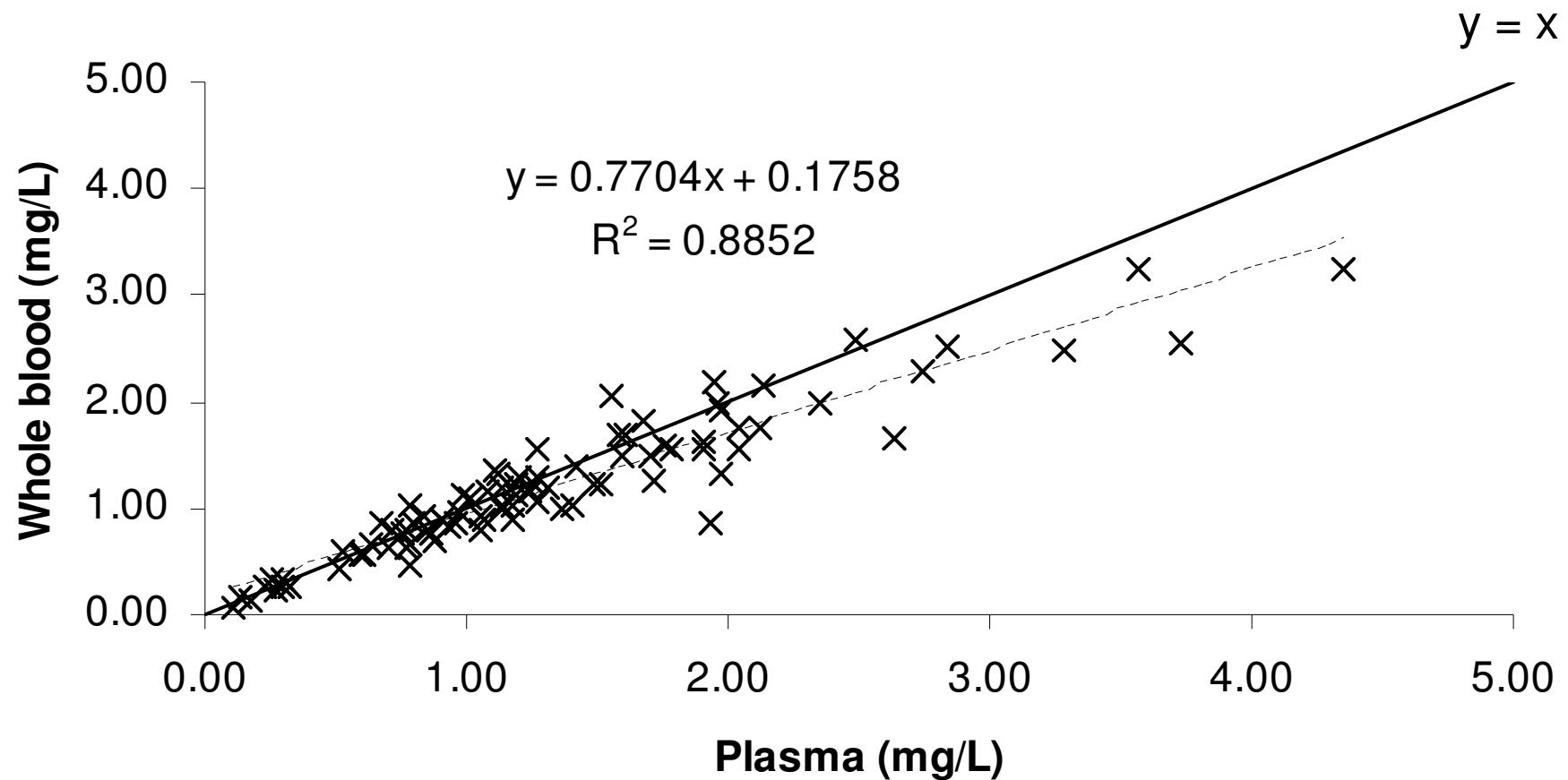
Plasma: Whole blood – Imatinib



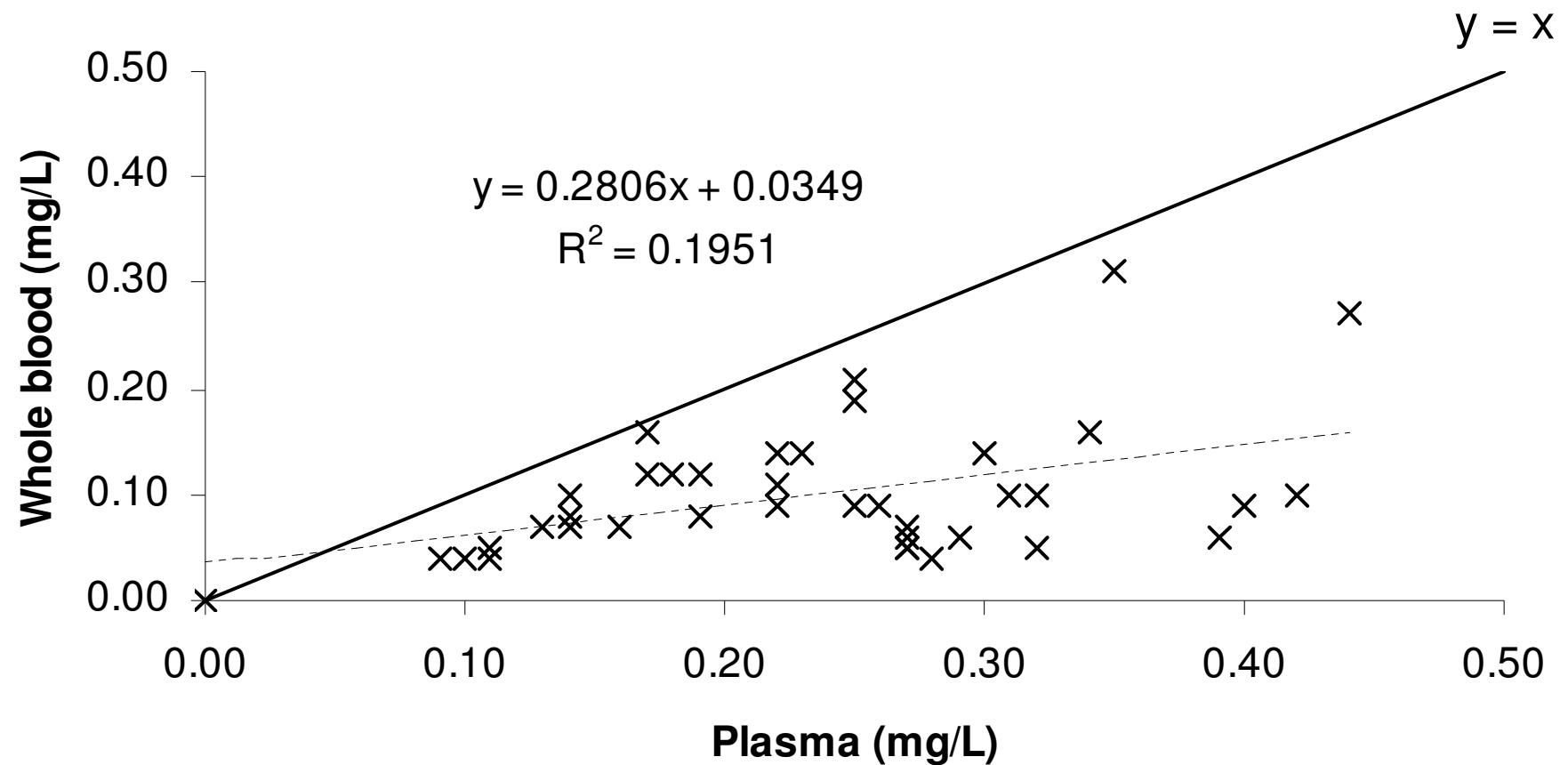
Plasma: Whole blood – Dasatinib



Plasma: Whole blood – Erlotinib



Plasma: Whole blood – Gefitinib



Conclusions

- TDM of TKIs may be beneficial in:
 - Assessing adherence
 - Ensuring adequate dosage (minimise selection of resistant clones)
 - Minimising the risk/severity of toxicity (improve adherence hence outcome)
 - Children/adolescents (maintain normal growth)
- Need assays with:
 - Minimal sample preparation
 - Fast turn-around time
 - Good accuracy, sensitivity, selectivity, measure plasma metabolites

Acknowledgements

- Sarah Belsey, Lewis Couchman (KCH)
- Debra Josephs, James Spicer (GSTT)
- ThermoFisher Scientific